

The Actions to Accompany our Phonics Teaching – Taken from Jolly Phonics

- s:** weave hand in an s shape, like a snake, and say ssss
- a:** walk your fingers along one arm up to and beyond the elbow, as if ants are crawling up your arm, and say a, a, a
- t:** turn head from side to side, as if watching tennis, and say t, t, t
- i:** pretend to be a mouse by wriggling fingers at the end of your nose, as though they are your whiskers, and say i, i, i,
- p:** hold one finger up to your lips and pretend to puff it out like a candle and say p, p, p
- n:** make a noise as if you are a plane, holding your arms out, and say nnnn
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- c, k and ck:** raise hands and snap fingers, as if playing castanets, and say ck, ck, ck
- e:** pretend to crack an egg on the side of a pan, and then crack it into the pan saying eh, eh, eh
- h:** hold your hand in front of your mouth and pant as though you are out of breath, saying h, h, h
- r:** pretend to be a puppy holding a rag between his teeth, shake your head from side to side and say rrrrr
- m:** rub your tummy as if seeing tasty food and say mmmmm
- d:** beat your hands up and down as if playing a drum and say d, d, d
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- g:** spiral your hand down as if mimicking water going down the plughole and say g, g, g
- o:** pretend to turn a light switch on and off with your finger and say o, o, o
- u:** pretend to put up an umbrella and say u, u, u
- l:** pretend to lick a lolly and say l, l, l
- f:** let your hands gently come together as if you are helping to deflate a toy inflatable fish and say fffff
- b:** pretend to bounce a ball up and down on a bat and say b, b, b
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- ai:** cup your hand over your ear as though you are trying to hear something and say ai, ai, ai
- j:** pretend to be a jelly wobbling on a plate and say j, j, j
- oa:** bring your hand over your mouth as if something has gone wrong and say oa, oa, oa
- igh:** stand to attention and bring your hand to your forehead as though saluting and say igh, igh captain
- ee or:** put your hands on your head as if they are ears on a donkey and bend them forwards and backwards saying eeyore, eeyore
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- z:** put your hands to the side, elbows tucked in and waggle your hands as if you are a bee, saying zzzz
- w:** blow on to an open hand, as though you are the wind, and say wh, wh, wh
- ng:** imagine you are a weight lifter and pretend to lift a heavy weight saying ng, ng, ng
- v:** pretend to be holding the steering wheel of a van and say vvvvvv
- oo – oo:** move your forwards and backwards as though you are a cuckoo in a clock and say u oo, u oo (little and long oo)
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- y:** pretend to be eating a yoghurt and say y, y, y

x: pretend to take an x-ray of someone with a camera and say ks, ks, ks
ch: move your arms at your sides as if you are a train and say ch, ch, ch
sh: place your index finger over your lips and say shshsh
th th: pretend to be a naughty clown and stick your tongue out – a little way for the short th and a long way out for the long th (e.g. **th**is and **th**umb)

qu: make a duck's beak with your hands and say qu, qu, qu
ou: pretend you have pricked your finger and say ou, ou, ou
oi: cup your hands around your mouth and shout to another boat saying oi, oi, ship ahoy
ue: point to people around you saying ue, ue, ue
er: roll your hands over each other like a mixer and say er, er, er
ar: open your mouth wide, as though you are at the doctors, and say ah

ff: as with f but with greater emphasis and for longer
ss: as with s but with greater emphasis and for longer
ll: as with l but with greater emphasis and for longer
zz: as with z but with greater emphasis and for longer

ure: pinch your nose as if you can smell manure, and say ure, ure, ure
ear: wiggle your ears and say ear, ear, my ears and here
air: move your hands around your body and say air, air, air

